



**December
2015**

Preserving, Conserving, and Restoring the Real Florida Since 1980.



Photos by Bob Peterson

Conradina NEWS

Conradina Chapter Meeting: December 14, 2015

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5:30 P.M. Refreshments ☞ 6:00 P.M. Meeting
 Melbourne Fee Avenue Public Library

Holiday Wreath Making With Natives and Natural Materials

Join us for an evening of celebrating the holiday season creating decorations made from native plants and other natural treasures. Supplies will be available but you are welcome to bring in some materials to share.

PROVIDED:

- Grapevine wreaths
- Pinecones
- Pinecone cores ("squirrel drumsticks")
- Magnolia pods
- Sweetgum balls
- Cedar foliage
- Simpson's stopper foliage
- Seagrape leaves
- Coontie fronds
- Winged elm twigs
- American elm twigs
- Palmetto leaves
- Bay leaves
- Rayless sunflower seed heads
- Shells
- Ribbon
- Wire
- Florist tape
- Other materials as collected by the meeting

- Dried or fresh herbs
- Cinnamon sticks
- Large seeds or pods
- Paper wasp nests (empty!)
- Feathers

DON'T BRING:

- Glue guns (use at home)
- Messy berries
- Fragile materials
- Exotic pest plant materials

Be creative, look around your yard and see what might work in a wreath. Don't be limited to traditional materials. If it dries sturdy, it can be used.



Holiday Wreath Making 2014. Additional photo on page 4. Photo by Vince Lamb

Next Chapter Meeting

January 11, 2016

Wildflowers of the Denali National Park Area

Speaker: Eileen McGurk



Photo by Eileen McGurk

Mama Jo's Sunshine Herbals Annual Christmas Open House

Saturday, December 5, 2015

Our professionally formulated and ever-expanding selection of handcrafted herbal health products make delightful gifts

Bulk Herbs, Teas, Tinctures, Liniments, Lotions, Balms, Salves, Soaps, & sugar-salt scrubs

Remember Family Companion Animals with "Barking Botanicals" Herbal Products

Fresh Powdered Herbal Supplement, Soothing Medicinal Salve, Non-toxic Natural Flea & Tick Spray Healthy Ear Oil, Eye Wash Concentrate, Fresh Breath Drops. All products are good for Cats & Dogs.

Stop by for a taste of "Sassafras Rooibos Chai Tea," a tribute to Mama Jo. Sassafras was her favorite herbal



tea. We will also offer "Seasonal Wassil" & Scrumptious "Kava Nog"!!!

Our Christmas or Immuni-tea prepared with fresh fruit juice and fruit is a delicious, nutritious and festive "herbal drink to your health."

Indulge in Herbal Culinary Delights-Free Samples Will Be Served

Organic Herbal Chocolates, Culinary Spice Blends, Handcrafted Health Bar & Pie Mixes, Healthy Jams & Preserves, Mama's Tonic, Pickled Garlic & Cheeseball Mixes and much more.

Get A Jump on Your Holiday Shopping!

Custom Gift Baskets, Themed Gift Baskets, Beautiful Sandalwood Watches, "Dixie Highway Clothing, Sea Glass Jewelry," Native Crafts, Unique Tea Pots and Tea Accessories, All Natural Dr. Hauska Make-up, "Four Season's" Handcrafted Jewelry, Stone Garden Art, Herbal Books and more.

With heartfelt thanks we rejoice and celebrate the loving support of our community! We wish you and your families the blessing of herbal health this joyful season.

For the Open House we will be offering 10% off all Mama Jo's Sunshine Herbals Handmade Products.

Joanna, Mike, Joann, Alyssa, Elise, Roxanne, & Trinity

Mama Jo's Sunshine Herbals

1300 Pinetree Drive #3

Indian Harbour Beach, Florida 32937

321-779-4647

Carol's Corner: Dahoon Holly

By Carol Hebert

Native plants seem to be enjoying the weather we have been having. Flowers are blooming and some are prospering fruit. There are several types of native Holly trees, and I am highlighting Dahoon Holly (*Ilex cassine*). A quote from Rufino Osorio's book *A Gardener's Guide to Florida's Native Plants* says "Dahoon holly is a perfect for the beginning and advanced native plant enthusiast alike." It is a pretty and slow-growing small tree. I have the male and female side by side.

Hopefully everyone reading this is having a wonderful holiday and making a resolution to continue to add native plants to your landscape. Happy New Year and plant native!



Upcoming Events & Meetings

December 5	Ocean-Reef-Beach Festival. Pelican Beach Park, Satellite Beach. See below for more information. Visit the Conradina Chapter booth.
December 14	Conradina Chapter FNPS Annual Holiday Wreath Making. All wreaths and materials provide. Melbourne Fee Avenue Public Library. 5:30 P.M. refreshments, 6:00 P.M. meeting.
January 11	Conradina Chapter FNPS General Meeting. Wildflowers of the Denali National Park Area by Eileen McGurk. Melbourne Fee Avenue Public Library. 5:30 P.M. refreshments, 6:00 P.M. wreath making.
January 20-25	Space Coast Birding and Wildlife Festival. For more information: www.spacecoastbirdingandwildlifefestival.org .
February 8	Conradina Chapter FNPS General Meeting. Speaker: Dr. Randy Parkinson. Melbourne Fee Avenue Public Library. 5:30 P.M. refreshments, 6:00 P.M. meeting.
March 5	Florida Institute of Technology's 10th Annual Botanical Fest Plant and Garden Sale. Crawford Green, FIT Campus, 150 W. University Boulevard, Melbourne
March 14	Conradina Chapter FNPS General Meeting. Dendrochronology by Jean Hoffman. Melbourne Fee Avenue Public Library. 5:30 P.M. refreshments, 6:00 P.M. meeting.
March 19 9 A.M.—2 P.M.	Viera Wetlands Festival



2015 Ocean-Reef-Beach Festival

Continuing our annual tradition, the Ocean-Reef-Beach Festival returns to Pelican Beach Park on **Saturday, December 5, 2015**. Join us in celebrating the ocean lifestyle in a family atmosphere with fun activities for all ages. From educational programs in the clubhouse to a sea turtle maze for the kids, there will be something for the whole beach community.

The “Slow-Down, Chow-Down Chowder Cook-Off” and our other food vendors will tempt your taste buds while live music entertains. The very best of our local ocean arts community, local surfboard shapers, and other vendors help you take care of all your Christmas shopping. Come to have fun; leave with more knowledge and a renewed appreciation of our ocean, our reef, and our beach!

This year, the Ocean-Reef-Beach Festival we will be hosting the video contest and exhibition. Help us celebrate Brevard's unique ocean, reef and beach lifestyle by submitting your videos. We are seeking 30-second videos that convey strong conservation messages embracing a theme of conservation as it applies to our local lagoon, beach, and ocean environment. Prize money of \$500 will be awarded to winners!

Videos will be shown at this year's Ocean-Reef-Beach Festival throughout the day in the Pelican Beach Park Clubhouse between 10 am – 4 P.M., Saturday, December 5th.

www.oceanreefbeachfestival.com ● www.facebook.com/orbfest

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Florida Native Plant Society
www.fnps.org



Chapter News

November 14: Indian River Lagoon Day. Thanks to Kathryn Merry, Eileen McGurk, and Pete Rogers who staffed our booth.

December 5: Ocean Reef Beach Festival. Thanks to Carol Hebert, Jim Baldwin, Kathryn Merry, Bo Platt, and Suzanne Valencia for staffing our booth.

A warm welcome to our newest members!

- Josephine Capozziello
- Mary Lou Hart
- Mark Jenssen
- Bobbie McMillan
- Cathy Tupper

FNPS Seeks Executive Assistant Services

FNPS seeks proposals from firms providing executive assistant consulting services to nonprofit organizations. The selected contractor will assist the president, president-elect and council directors with communications, planning and scheduling.

DEADLINE: DECEMBER 20, 2016

Submit proposals by December 20, 2015, to President Anne Cox at floridanativeplant@bellsouth.net

FULL REQUEST FOR PROPOSALS:

<http://www.fnps.org/assets/userfiles/pdf/HomePage/FNPSExecutiveAssistantRFP2016R2Nov202015.pdf>

Thank You

A heartfelt thanks from Renee Schafer for the card signed by all Conradina members. She said it warmed her heart to know that we were thinking of her.

Holiday Wreath Making 2014



Photo by Vince Lamb